



864 Rt 37 West
Toms River, NJ 08755

CLIENT INFORMATION FOR MASSAGE

Name: _____ DOB: _____ Phone: () _____

Address: _____ City: _____ State: _____ Zip: _____

Referred By: _____ Email: _____

In Case of Emergency Please Contact: _____ Phone: () _____

Please take a moment to carefully read the following information and sign where indicated. If you have a specific medical condition(s) or specific symptom(s), massage may be contraindicated. A referral from your primary care provider may be required prior to service being provided (i.e. diabetes, cancer, hypertension, etc.).

- Yes No Have you ever experienced a professional massage? How recently? _____
- Yes No Do you frequently suffer from stress? _____ Do you suffer from Osteoporosis? Yes No
- Yes No Do you have diabetes? _____ Do you have varicose veins? Yes No
- Yes No Have you had any broken bones in the past two years? If so, where? _____
- Yes No Do you suffer from joint swelling? _____ Do you suffer from allergies? Yes No
- Yes No Do you suffer from arthritis? If so, where? _____
- Yes No Do you suffer from seizures or epilepsy? _____ Do you suffer from back pain? Yes No
- Yes No Do you suffer from any contagious disease? _____ Do you bruise easily? Yes No
- Yes No Do you have high blood pressure? If so, are you taking medication? _____
- Yes No Do you have numbness/stabbing pains? If so, where? _____
- Yes No Do you have soreness/tension? If so, where? _____
- Yes No Are you sensitive to touch/pressure? If so, where? _____
- Yes No Do you have cardiac or circulatory problems? _____ Do you suffer from frequent headaches? Yes No
- Yes No Do you have a history of cancer or lymph node removal? _____ Are currently pregnant? Yes No
- Yes No Have you been in an accident, suffered any injuries, or had surgery in the past two years?

If so, please explain _____

I understand that the massage/bodywork I receive is provided for the basic purpose for relaxation and relief of muscular tension. I understand that massage/bodywork should not be construed as a substitute for medical examination, diagnosis, or treatment and that I should see a physician or other qualified specialist for any mental or physical ailment of which I am aware. I understand that massage/bodywork practitioners are not qualified to preform spinal or skeletal adjustments, diagnose, prescribe, or treat a physical or mental illness and that nothing said in the course of the session should be construed as such. Because massage/bodywork should not be performed under certain medical conditions, I affirm that I have stated all my known medical conditions and answered all questions honestly. I agree to keep the therapist updated as to any changes in my medical profile and understand that there shall be no liability on the therapist's part should I fail to do so. I also understand that the effects of alcohol in the body are significantly increased as a result of massage, therefore, massage is contradicted if I am under the influence of alcohol and the therapist must decline the massage session. **I also understand that any illicit or sexually suggestive remarks and advances (including but not limited to heavy breathing, moaning, squirming, excessive moving, suggestive, foul, or abusive language, and touching the therapist) made by me will result in the immediate termination of the session, and I will be liable for payment of the session.**

Patient signature

Date

Patient Printed Name

Witness

Date